

# First Aid for Business

First Aid Training in the UK is typified by a vast number of employees “having to go on a course.” Training is often a standard “cookie cutter” session and reluctant learners stick with it through gritted teeth.

Active Achievement has developed a number of better training solutions specifically for businesses and workplaces. Because people like our training, the skills stick and they gain a strong sense of achievement.

## First Aid Needs Assessment

The HSE requires organisations to undertake a First Aid Needs Assessment to ensure adequate and appropriate provision for their circumstances. We can help draft or review your risk assessments and provide up to date information. Your assessment will consider all the circumstances of your workplace, workforce and the hazards and risks that may be present. The findings will help you decide what First Aid arrangements you need to put in place.

**Our unique approach allows your business to benefit from a single provider to meet the requirements for HSE Statutory duty.**

## Benefits:

### Business

- Risk assessment & assessment of need.
- Assessment of First-Aid provision.
- Training and Certification for a range of HSE requirements.
- Training and Delivery of a ‘whole business scheme of work’ for First Aid.
- An honest, flexible, open approach to minimise costs and maximise ROE.
- Verifiable operating policies for Equality, Diversity, Health & Safety, and Quality.

### Staff

- Active Hands-on learning to make training fun, effective and memorable
- Training is delivered on-site in familiar environment,
- No changes to commute or working day arrangements
- Teaching of First Aid lessons to staff across each department or team
- Taught by Qualified Teacher/ Trainer with advanced DBS

Our HSE certification courses cover every aspect of statutory requirements. The difference between Active and other providers is that our course content is focussed individually on a client’s working environment. Examples and scenarios are grounded in experience and reflect the situations common within your business. We also have a number of optional specialist courses with advanced training in Resuscitation, Defibrillation and Anaphylaxis.

*Further details on our range of HSE First Aid courses for the workplace are available from our website*

## HSE First Aid Courses for Business:

## Downloads

[First Aid at Work Award \(3 day\)](#)

[Paediatric First Aid Award](#)

[Emergency First Aid at Work Award \(1 Day\)](#)

[AED, CPR & Anaphylaxis Specialty](#)

[First Aid at Work Re-qualifier \(2 day\)](#)

Richard Direct: 077525 062540 email [hello@active-achievement.co.uk](mailto:hello@active-achievement.co.uk)

[www.active-achievement.co.uk](http://www.active-achievement.co.uk)

# HSE First Aid for Business



## Course Content *includes*

Roles & responsibilities of a First Aider	Head, Eye, Chest & Spinal Injuries
Assessing an incident	Heart Attack & Stroke
Anaphylaxis & Shock	Managing an Unresponsive Casualty
Choking & Poisoning	Minor Injuries, Burns & Scalds
CPR & Defibrillation	The Recovery Position
Epilepsy, Asthma & Diabetic Emergencies	Wounds & Bleeding
Fractures, Sprains, Strains & Dislocations	

## Training & assessment:

Training & Assessment is in accordance with the Health and Safety (First-Aid) Regulations 1981.  
All trainees receive a course manual.  
We aim to make the course as active as possible.  
We use continuous observation and written assessments by the trainer.

## Certification:

Successful trainees receive an Active Achievement certificate, valid in accordance with the Health and Safety (First-Aid) Regulations 1981.



## Venue and Location:

Courses are available in the following areas:  
West Midlands, Lancashire, Sussex and West Yorkshire.  
We can be flexible with the days, time (including out of business times) and location.  
Holding courses at your venue are the most cost effective as there are no staff travelling costs.  
Different rates apply to larger groups or for provision across regional branches.

## Trainee Requirements:

Trainees need to meet the following prerequisite requirements:

- Be at least 16 years of age
- Be capable of kneeling on the floor to deliver CPR
- It is advisable that learners have a minimum of level 1 in literacy and numeracy or equivalent

*There may be additional requirements due to the Covid-19 pandemic. These will be based on government and industry advice.  
Further details can be found on the website at the time of booking and in trainee packs.*

## Quality Assurance:

All our courses are delivered under our Quality Standards Assurance Policy (Available to download)

## Supporting Addition Needs:

We can support many additional needs, however our ability to do so is limited by the time available and the number of people who require assistance. Arrangements can be often made to support trainees if requested in advance. *Please contact us if you need any guidance.*

**For a no-obligation chat about First Aid Training for your business or workplace,  
Speak To Richard Today on 07525 062540  
[hello@active-achievement.co.uk](mailto:hello@active-achievement.co.uk)**

We also run a number of courses for Schools, Families, Children and Community Groups

Richard Direct: 077525 062540 email [hello@active-achievement.co.uk](mailto:hello@active-achievement.co.uk)  
[www.active-achievement.co.uk](http://www.active-achievement.co.uk)