



## First Aid for Pre-School & Primary

*“From 2020 onwards, all state-funded schools in England will be required to teach First Aid as part of health education. This will include basic First Aid for primary school children, for example dealing with common injuries, such as head injuries. Pupils in secondary schools will be taught for example, how to administer CPR and the purpose of defibrillators”.*

**For a no-obligation chat about First Aid Training for your School or Nursery  
Speak To Richard Today on 07525 062 540  
[hello@active-achievement.co.uk](mailto:hello@active-achievement.co.uk)**

### **Course Content:**

We run a number of courses where each course content is specifically designed with engaging active learning activities to appropriate to each specific age group. A course content guide is presented below

### **Delivery:**

Our courses are delivered by a Fully Qualified and Experienced Teacher and First Aid Instructor with DBS

### **Training & assessment:**

There is no formal assessment although each course is structured to be active and includes quizzes to test learning outcomes

### **Certification:**

Pupils will receive a certificate of attendance.

*An annual refresher to keep knowledge up-to-date is recommended.*

*This can be scheduled as part of an annual curriculum planning.*

### **Venue and Location:**

Courses are held in an appropriate location at your school and are structured as part of the regular school curriculum. Additional staff supervision is not normally required but is warmly welcomed, as is any addition learning support

We can often be flexible with the delivery days, time and location to suit the School Calendar

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**Price Guide: (From £200 /day plus per pupil resources)**

Our course prices are comparable with Supply Teaching scale rates inclusive of standard resources. Under Covid-19 guidance, every pupil gets some new unopened bandages which they can take home. Covid-19 options are priced at cost of resources.

*There may be additional requirements due to the Covid-19 pandemic. These will be based on government and industry advice. Further details can be found on our website at the time of booking and in delegate packs.*

**Learner Requirements:**

There are no prerequisite requirements. Additional support should be available for any pupils with learning, mobility or other special needs

**Quality Assurance:**

All our courses are delivered under our quality standards assurance Policy (Available to download)

**Supporting Addition Needs:**

We are happy to support many additional needs, however our ability to do so is limited by the time available and the number of people who require assistance. Arrangements can be often made to support learners if requested in advance. *Please contact us if you need any guidance.*

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## Courses Available



**Nurseries:  
3 – 4 year olds**



**Primary Schools:  
4 – 6 year olds**



**Primary & Secondary Schools:  
Key Stage 2, 3 and 4.**

**One-hour First Aid Taster  
(1 Hour)**

**One-Day First Aid  
DFE recommended  
(1 Day)**

**Two-hour First Aid  
(2 Hour)**

**Expeditions First Aid for Pupils  
(e.g. D of E Award & Activities)  
(1 Day)**

**Three-hour First Aid  
(½ Day)**

**First Aid for Teachers  
HSE Emergency First Aid at Work  
With Qualifications (1 Day)**

**We also run a number of courses for Families, Children, Businesses and Community Groups**

## First Aid for Pre-School & Primary Schools. COURSE CONTENT GUIDE

### One-hour First Aid Taster (1 Hour Pre-School & Primary)

**All one-hour taster sessions include:**

- Communication and casualty care
- Calling for Help
- Primary survey

**Plus one from the following:**

- Head injuries
- Choking
- Recovery Position
- CPR
- Bleeding

*The minimum booking is two hours, so, for example, you could book two consecutive taster sessions with different classes. We can do a maximum of five taster sessions in one day.*

### Junior First Aid (2 Hours Primary)

This two-hour session meets the minimum recommendations from the Department for Education:

**Course content:**

- concepts of basic First Aid
- dealing with common injuries
- dealing with head injuries.

**Topics covered:**

- Communication and casualty care
- Calling the emergency services
- Primary survey
- Recovery position
- Head injuries
- Minor bleeding

### Junior First Aid (½ Day Primary)

This half-day session meets the recommendations from the Department for Education:

**Course content:**

- concepts of basic First Aid
- dealing with common injuries
- dealing with head injuries.

**Topics covered:**

- Communication and casualty care
- Calling the emergency services
- Primary survey
- Head injuries
- Minor bleeding
- Recovery position
- Severe bleeding
- Shock

### Junior First Aid (1 Day Primary)

This course meets the recommendations from the Department for Education:

**Course Content:**

- |                                                                                                                                                                                                                   |                                                                                                                                                                                             |
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| <ul style="list-style-type: none"> <li>• Communication and casualty care</li> <li>• Calling the emergency services</li> <li>• Primary survey</li> <li>• Allergies</li> <li>• Asthma</li> <li>• Choking</li> </ul> | <ul style="list-style-type: none"> <li>• CPR awareness</li> <li>• Head injury</li> <li>• Minor bleeding</li> <li>• Recovery position</li> <li>• Severe bleeding</li> <li>• Shock</li> </ul> |
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