

## CPR & Anaphylaxis CPR & AED Defibrillator

These short courses have a specific focus on resuscitation and use of a defibrillator. They are suitable as a stand-alone course or on combination as an optional module for our other training.

### Courses Available



AED | CPR | ANAPHYLAXIS

**CPR and AED  
(½ Day)**

**CPR and Anaphylaxis  
(½ Day)**

**HSE Emergency First Aid at Work  
With Qualifications (1 Day)**

We also run a number of courses for Families, Children, Businesses and Community Groups

#### CPR & AED Defibrillator (½ Day)

This course provides essential information and skills in Basic Life Support including Defibrillator training. It will give you the confidence to act quickly and effectively if someone has a cardiac arrest. Trainees will learn how to perform effective CPR and how to operate a defibrillator.

#### Topics include:

- Roles & Responsibilities of the First Aider
- Managing an emergency
- Communication and casualty care
- Treatment of an unresponsive casualty
- Resuscitation (CPR)
- Chest pains
- Getting to know the defibrillator (any type)
- Operating the defibrillator

#### CPR & Anaphylaxis (½ Day)

This course provides essential information and skills for anyone working with children or adults who are prone to Anaphylaxis. The course focuses on the prevention, recognition and treatment of Anaphylaxis, including the use of Auto-Injector Pens.

#### Topics include:

- Roles & Responsibilities of the First Aider
- Managing an emergency
- Communication & Casualty Care
- Understanding & Recognising Allergic Reaction and its common causes
- Resuscitation CPR & AED
- Management of Anaphylactic Shock
- Use of Auto-Injector Pens
- Allergy Avoidance
- Allergy Management

#### Money Saving Tip:

*These courses are available both stand-alone and at a slightly reduced cost as an additional option to a number of our training courses. It could be highly beneficial to include this advanced specialist training as an option on other courses.*

# CPR & Anaphylaxis CPR & AED Defibrillator



## **Delivery:**

Courses are delivered by a Fully Qualified and Experienced Teacher & First Aid Instructor with DBS.

## **Assessment & Certification:**

There is no formal qualification associated with these courses.  
Each trainee will receive a certificate of attendance valid for two years.

*An annual refresher to keep knowledge up-to-date is recommended.*

## **Venue and Location:**

Courses are available in the following areas:

West Midlands, Lancashire, Sussex and West Yorkshire.

We can be flexible with the days, time (including out of business times) and location.

Holding courses at your setting are the most cost effective as there are no staff travelling costs.

Different rates apply to larger groups or for provision across national or regional offices

## **Trainee Requirements:**

Trainees need to meet the following prerequisite requirements:

- Be at least 16 years of age
- Be capable of kneeling on the floor to deliver CPR
- It is advisable that learners have a minimum of level 1 in literacy and numeracy or equivalent

*There may be additional requirements due to the Covid-19 pandemic. These will be based on government and industry advice. Further details can be found the website at the time of booking and in trainee packs.*

## **Quality Assurance:**

All our courses are delivered under our quality standards assurance Policy (Available to download)

## **Supporting Addition Needs:**

We are happy to support many additional needs, however our ability to do so is limited by the time available and the number of people who require assistance. Arrangements can be often make to support trainees if requested in advance. *Please contact us if you need any guidance.*

**For a no-obligation chat about First Aid Training for your Setting  
Speak To Richard Today on 07525 062540  
[hello@active-achievement.co.uk](mailto:hello@active-achievement.co.uk)**